

Morphofunctional, viability and antioxidant system alterations on rat primary testicular cells exposed to simulated microgravity

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ABSTRACT

This study focused on effects induced by short-term simulated microgravity (SMG) condition on primary cell culture from pre-pubertal Wistar rats testis. Cells were analyzed for cytoskeletal and Sex Hormone Binding Globulin (SHBG/ABP) changes by immunofluorescence technique, for antioxidant system exploiting RT-PCR and cell viability. Cells were cultured for 6 and 24h on a three-dimensional clinostat, Random Positioning Machine (RPM). At the end of each experiment, once stopped the RPM rotation, cells were either fixed in paraformaldehyde or lysed and RNA extracted. In cells exposed to SMG the cytoskeleton became disorganized, microtubules fragmented and SHBG was already undetectable after 6h of treatment. Moreover, various antioxidant systems

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significantly increased after 24h of SMG exposure. Initially, SMG seemed to disturb antioxidant protection strategies allowing the testes to support sperm production, thus generating an aging-like state of oxidative stress. Studies on changes induced by short-term altered gravity conditions, carried out in real microgravity, could give more information on steroidogenesis and germ cell differentiation within the testis exposed to this condition and confirm the validity of simulation approach.

INTRODUCTION

Since the advent of space flights more than 530 men and women have travelled to space, introducing the problem concerning the effects of microgravity on human physiology.¹ Nowadays it is well known that any alteration of the gravitational force causes relevant physiological changes in organisms, and it may affect their reproductive physiology and fertility.²⁻⁴ During spaceflight, the astronauts experiment not only microgravity, but also hypergravity, which occurs during launch and re-entry phases, that is another interesting topic investigated by several researchers.^{2,5,6}

In the present study, testis has been chosen because of its relevance as an endocrine organ and because of its key role in the reproductive system. The investigation of reproductive health requires extensive studies using animals and cell culture models, in order to fill gaps regarding the effect of long duration space missions on mammalian reproduction, starting from changes induced by short-term altered gravity conditions.

Due to the limited possibilities to perform experiments in real microgravity, several methods have been developed to simulate microgravity (SMG) such as the randomization of the direction of gravity force using a 3D-clinostat, as random positioning machine (RPM).^{2,7} Studies on the effect of weightlessness on the reproductive system of rodent models, conducted in real and simulated microgravity (SMG), showed similar morpho-functional testicular alterations.^{8,9} The results obtained in rodent studies and experiments, made by others researchers and our group, showed an increase of physiological and morphological changes on reproductive system using different gravity vectors (0g, through 1g to 2g).¹⁰⁻¹² Moreover, such findings are consistent with the results of cell biology studies using SMG, which show morphological and functional changes to occur in testicular cells exposed to RPM. More in detail, these studies demonstrates that SMG causes changes in the seminiferous tubules, with altered tubular architecture and reduction in the number of spermatogenic cells, in addition microgravity induce hypogonadism directly rather than through stress-induced gonadal inhibition.¹² On the other hand, rats under SMG showing variation in

testosterone levels demonstrated complete protection of both muscle and bone using a combination of bisphosphonate and testosterone, suggesting that androgen deficiency contributes at least partially to the pathophysiology of space flight-related muscle and bone atrophy.¹⁰ As regard to humans, a decrease in testosterone secretion was also observed in astronauts during space flights.¹³

At cellular level, both real and simulated microgravity has proved to be one of the stress environmental factors that results in severe damages to the cytoskeleton of cells kept in culture.¹⁴⁻¹⁶ Results of different studies shown damages to the cytoskeleton of Sertoli cell line and the lymphocytes' cytoskeleton both during spaceflight and in SMG.^{12,14,17,18} Spermatogonial cell differentiation into mature spermatozoa requires Sertoli cells, which play a crucial role in the development of germ cells and in the regulation of spermatogenesis. In addition to its nursing function, Sertoli cells produce a large number of proteins essential for germ cell survival and development.¹²

The aim of this study was to evaluate the influence on a primary cell culture from rat testis, at first stages of exposure to SMG; cells were exposed for 6 and 24h to the treatment and analyzed by immunohistochemistry, molecular biology and general chemistry techniques, in order to evaluate the cell functionality after short-term SMG treatment. The intervals of time were chosen according to previous works that demonstrate alterations in cellular structure and functionality already after 6h and important changes at 24h.^{19,20,21}

MATERIALS AND METHODS

Preparation of cell culture

Cells were isolated from pre-pubertal (8 days old) Wistar rats and grown in DMEM (Sigma, St. Louis, Missouri) with the addition of 10% Fetal Bovine Serum, 1% L-glutamine, 1% gentamicin, streptomycin and amphotericin, at 34°C in a 5% CO₂ incubator. The cells were seeded at 20,000 cells/ml using "flasks on a slide" (flasks located onto a removable slide, 9.0 cm², Thermo Scientific Nunc). The flasks were positioned as close as possible to the center of the platform on the RPM (Dutch Space, Leiden, The Netherlands) and kept under rotation at 56 deg/sec, using the real random mode of the instrument, for 6h and 24h (SMG, 10⁻⁶ g) (Fig.1). Static controls (ground controls, 1g), were cultured for 24h under normal gravity conditions onto the supporting frame of the instrument in order to get cells to the same vibration stress conditions.

At the end of the experiment, once stopped the RPM rotation, some flasks were fixed with phosphate buffered saline (PBS) containing 4% paraformaldehyde. Fixed cells were submitted to

immunohistochemical techniques and to detect apoptotic cells with Mitocapture Mitochondrial Apoptosis detection kit (Biovision, Milpitas, CA), whereas other flasks were used to obtain cells for RT-PCR.

Microgravity conditions were simulated using an RPM connected to a control console through standard electrical cables. The apparatus is a 3D clinostat consisting of two independently rotating frames. One frame is positioned inside the other, exerting a complex net change in orientation on a biological sample mounted in the center of the RPM platform.²² The rotation of the sample induces centripetal acceleration but placing the sample in the center of the RPM platform this effect will be negligible. Moreover, culture flasks were completely filled with medium without gas bubbles, avoiding loss of liquid during rotation. Gas bubbles result in unwanted fluid motion and associated shear stress to the sample.²² This device does not actually eliminate gravity, but the RPM is a micro-weight simulator based on the principle of “gravity-vector averaging”: it allows a 1 g stimulus to be applied omnidirectionally, and the sum of the gravitational force vectors tends to equal zero. The effects generated by the RPM are comparable to the effects of real microgravity, provided that the direction changes are faster than the response time of the system to the gravity field. The desktop RPM used was positioned within an incubator set at 34 °C, value close to the physiological testicular temperature, and 5% CO₂ to match physiologic conditions and to maintain a constant pH.²²

Immunohistochemical techniques

The slides removed from the flasks, containing the cell cultures, were submitted to the indirect immunofluorescence technique.²³ After permeabilization with Triton X-100 (Sigma, St. Louis, Missouri) 0.1% in phosphate buffered saline (PBS, 0.01 M, pH 7.4), PBS washing and exposure to Normal Goat Serum (diluted 1:50 in PBS; Sigma, St. Louis, Missouri) in a moist chamber at 20°C, the cells were incubated overnight at 4°C with the antisera to α -tubulin (raised in mouse, diluted 1:500 in PBS, Sigma, St. Louis, Missouri) or to Sex Hormones Binding Globulin (SHBG/ABP, raised in rabbit against aminoacids 197-403 mapping at the C-terminus of SHBG of mouse origin, diluted 1:100, Santa Cruz Biotechnology, Inc). After PBS washing, a second layer of fluorescein-isothiocyanate conjugated γ -globulins (FITC), goat anti-mouse (diluted 1:100 in PBS, Sigma, St. Louis, Missouri) and goat anti-rabbit (diluted 1:100 in PBS, Sigma, St. Louis, Missouri) following the specificity of the antisera for 30 min into a moist chamber, at 20°C. The slides were rinsed in PBS, mounted with gel-mount (Biomedica Corp., Foster City, CA). The specificity of the immunostainings was verified by omitting one of the steps of the immunohistochemical procedure, or by replacing the primary antisera with non-immune rabbit serum or PBS. Immunoreactions were visualized using a conventional epifluorescence microscope (Leica Axiovert)

RNA isolation and real-time RT-PCR

Since cytoskeleton alterations, we investigated the level of oxidative stress after 24h of SMG by measuring the expression level of genes involved in ROS metabolism or antioxidant defense mechanism. Total RNA was isolated by the acid phenol-chloroform procedure using the Trizol reagent (Sigma, St. Louis, Missouri) according to the manufacturers' instructions.²⁴ The purity of RNA was checked via absorption spectroscopy by measuring the 260/280 ratio. Only high purity samples ($OD_{260/280} > 1.8$) were subjected to further manipulation. The quality of isolated RNA was assessed by electrophoresis on 1.5% formaldehyde-agarose gel to verify the integrity of the 18S and 28S rRNA bands. First strand cDNA was synthesized from 1 μ g of total RNA using 200 ng oligo(dT)18-primer (TIB MolBiol, Italia), 200 units RevertAid H-Minus M-MuLV reverse transcriptase (Fermentas, Hannover MD, USA), 40 units RNAsin and 1 mM dNTPs (Promega, Milan, Italy) in a final volume of 20 μ l. The reaction was performed in a Master-cycler apparatus (Eppendorf, Milan Italy) at 42°C for 1 h after an initial denaturation step at 70 °C for 5 min. The expression levels of genes were quantified in 96-well optical reaction by using a Chromo 4TM System real-time PCR apparatus (Biorad, Milan, Italy). Real-time PCR reactions were performed in quadruplicate in a final volume of 20 μ l containing 10 ng cDNA, 10 μ l of iTaq SYBR Green Supermix with ROX (Biorad, Milan, Italy), and 0.25 μ M of each primer pair (TibMolBiol, Genoa, Italy). The glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as a housekeeping gene to normalize the expression data. The accession numbers of the genes used in the study and the primer sequences are given in *Table 1*. The thermal protocol included an enzymatic activation step at 95°C (3 min) and 40 cycles of 95°C (15 s), 60°C (30 s) and 72°C (20 s). The melting curve of the PCR products (55–94 C) was also recorded to check the reaction specificity. The relative gene expression of target genes in comparison of the GAPDH reference gene was conducted following the comparative C_T threshold method using the Biorad software tool Genex-Gene Expression MacroTM.^{25,26} The normalized expression was then expressed as the relative quantity of mRNA (fold induction) with respect to the control sample. Data are the mean \pm SD for three experiments in quadruplicate.

Cell viability assays

Cell death was assessed by staining with MitoCapture (Biovision, Milpitas, CA), a fluorescent lipophilic cationic reagent that assesses mitochondrial membrane permeability, according to the supplier's instructions. Briefly, cells were incubated with the MitoCapture reagent for 15 min at 37 °C and observed by fluorescence microscopy using a wide band pass filter. Cells with intact mitochondria exhibited focal red cytosolic fluorescence, whereas cells with permeabilized mitochondria exhibited diffuse green cytosolic fluorescence. Cells lacking red fluorescence and

having green fluorescence were scored positive. Cell death was evaluated in each experiment from control and treated cultures. Data were expressed as Integrated Density and the corrected total cell fluorescence (CTCF) calculated from three fields chosen at random in two slide preparations for each sample.

Statistical analysis

Statistical analysis was performed by using ANOVA followed by Bonferroni ad hoc post test, values were expressed as mean \pm standard deviation (SD) (INSTAT software, GraphPad Software, Inc., San Diego, CA 92130 USA).

RESULTS

Effect of modeled microgravity on cytoskeleton and Sex Hormone Binding Globulin

After 6h in modeled microgravity (Fig. 2B), cells didn't show relevant morphological differences as compared with the cells maintained at 1 g (Fig. 2A). The cytoskeleton, identified with a specific antibody directed against α -tubulin, was well organized, with microtubules radiating in discrete filaments from the nucleus to the plasma membrane. When the rotation was prolonged to 24 h, the microtubular array was more disorganized and microtubules appeared fragmented; as a consequence, the cells lost their shape after 24h of SMG (Fig. 2C).

An immunoreactive signal for Sex Hormone Binding Globulin (SHBG/ABP) was detected in the control cells, whereas is totally absent in cells exposed to SMG (Fig. 3).

Cell viability assays: MitoCapture

In healthy cells, the MitoCapture reagent remains in the mitochondria in form of polymers and gives off a red fluorescence; however, in case of mitochondrial damage, the reagent leaks out into cytoplasm as monomers that generate a green signal. As demonstrated in Fig. 4 the red fluorescence in the control cells (Fig. 3A) was replaced by green fluorescence under SMG treatment. After 6h (Fig. 4B) and 24h treatments (Fig. 4C) the red signal decreased and there is a significant difference in CTCF value related to the red signal in samples cultured under SMG (Fig. 4D). This indicates that increasing the time of exposure to SMG increases mitochondrial transmembrane permeability.

Effect of microgravity on the antioxidant system

In order to investigate the role of SMG on the enzymatic constituents of the antioxidant system in testis primary cells culture, superoxide dismutase (SOD), catalase (CAT) and Glutathione S-transferase (GST) activities were evaluated. Metallothionein-1 (MT-1) and metallothionein-2 (MT-2) expression was also investigated, as part of the array of protective stress responses. Moreover, the expression of poly [ADP-ribose] polymerase 1 (PARP-1), an enzyme normally activated by oxidative stress, and the protective role of the oncosuppressor gene p53 were also evaluated. After

24 h of rotation the expression of MT-1, p53, PARP and GST showed a significant increase with respect to controls (Fig. 5).

DISCUSSION

Colonization of deep space poses a lot of hazards to human reproduction, one of these is the exposure to weightlessness. Experiments carried out with different organisms exposed to microgravity and space flight conditions showed subtle abnormalities in fertilization. Only a few studies concerned mammals, making difficult to fill gaps in knowledge regarding the effect of space mission on mammalian reproduction.¹²

Spermatogenesis is a complex, highly ordered process of cell division and differentiation by which spermatogonia become mature spermatozoa. The understanding of this process in microgravity condition needs to be investigated starting from firsts responses of testes system, in order to evaluate the effects on male fertility. Spermatogenesis depends from intratesticular and extratesticular hormonal regulatory processes and functions of the intertubular microvasculature, the Leydig cells and other cellular components of the intertubular space. These signals are integrated, thus allowing the secretion of products that control germ cell development and modulate the function of the other testicular cells, including their own.⁹

After 6h in modeled microgravity testis cells (obtained from pre-pubertal 8 days old Wistar rat) showed firsts signs of cytoskeleton alterations, as reported in previous studies and in other cell types (glial, endothelial, thyroid cells or lymphocytes), and that increases over time.^{14-16,18-20} Moreover, gravity vector variation influenced the androgen binding protein (SHBG/ABP) expression, absent in treated testis cells. Considering the role of SHBG/ABP as androgen carrier, the absence of this protein, at 6h and 24h, could significantly compromise the efficiency of spermatogenesis.

During spaceflight most of physiological changes are related to microgravity,^{1,3,4} additionally this condition has been reported to cause cellular oxidative stress that leads to the production of reactive oxygen species (ROS) linked to cellular senescence.²⁷ However, the study of microgravity induced oxidative stress is not yet completely understood.

The testes have developed a sophisticated array of antioxidant systems which includes both enzymatic and non-enzymatic constituents.²⁸ Our results showed a significant up-regulation of glutathione S-transferase, GST, active in oxidative and xenobiotic response, that support the hypothesis of a ROS increase at intracellular levels after 24h of SMG. Moreover, higher MT-1

expression level observed could reflect a defensive response or adaptation to the microgravity stress, suggesting an interaction with ROS scavenging enzymes, which agrees with the fundamental role of MTs as maintainers of zinc pool, restoring zinc to antioxidant zinc-dependent enzymes and proteins.^{27,28}

Compared to control, the expression of both p53 and PARP-1, also named “guardians of the genome” due to their function in maintaining genome integrity, could represent a complementary and additional way by which testes cells may face the negative effects of ROS accumulation.²⁹

PARP-1 is a zinc-finger DNA-binding enzyme able to recognize DNA damages, DNA nicks and double stranded breaks, and once activated catalyzes the synthesis of branched poly(ADP-ribose) polymers that stabilize the surrounding chromatin and converts DNA damages into intracellular signals which activate DNA repair programs.²⁹ In this regard, a similar function of PARP could be also assumed in rat testes’ cells in response to SMG-induced oxidative stress. By the same token, the up-regulation in p53 expression, observed in the present work, is probably due to its pivotal role in regulating cell response to multiple stress signals, including the oxidative stress.

Moreover, we observed mitochondrial dysregulation in treated cells. Similar effects, although occurring in different species, suggests that mitochondria changes could be a stress adaptive response to ensure cell energy. Considering that mitochondria are the major targets of ROS negative effects, an increase of free radicals and other reactive oxygen species is able to induce a mitochondrial membrane permeabilization, a process that could lead to mitoptosis and mitophagy, in order to eliminate dysfunctional mitochondria and protect cells.³⁰

Taking the current data together, it seems that short-term SMG exposure induced morphofunctional alteration and an increase in oxidative stress response in rat primary testis culture, in agreement with results obtained in other works.^{19,20,28}

CONCLUSION

In this study, we validated our hypothesis that short-term SMG induces oxidative cellular stress in rat testes primary culture cells, as demonstrated by the response of the antioxidant system and impaired mitochondrial function. We hypothesized that the significant expression level increase of oxidative stress-induced gene, as GST and MT1, PARP and p53 could be related to an increase in ROS production. ROS level the observed morpho-functional, in cytoskeleton, SHBG/ABP production, cell viability, could have a significant inhibitory effect on germ cell differentiation which may result in male infertility.

Our data ought to provide important insight in this topic concerning the effect of short-term SMG exposure, but also in 1g condition, because of male infertility is also a social concern, considering the increase of life expectancy. These findings could lead the way to evaluate steroidogenesis, spermatogenesis and cell senescence via oxidant stress mechanisms induced by microgravity, performing further investigation during simulated or actual spaceflights.

Fig 1. Random Positioning Machine (RPM).

The RPM (Dutch Space, Leiden, Netherlands) (a) was run in a commercially available incubator at 34°C and 5% CO₂ (b).

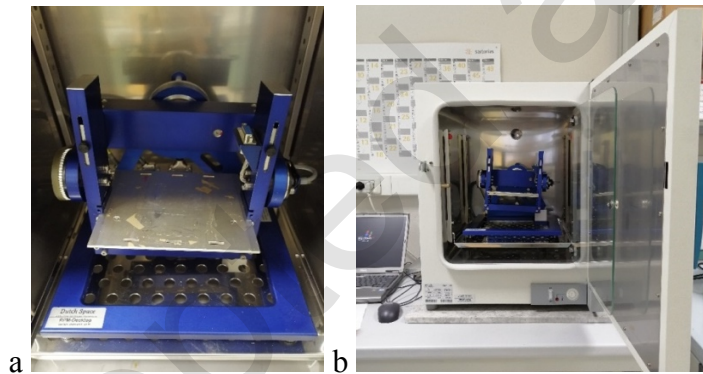


Fig 2. Immunofluorescence analysis of microtubules (antisera to α -tubulin, green) of testis primary cell culture cultured at 1 g or on RPM.

Representative immunofluorescence staining for microtubules. Control cells (CNT) cultured for 24h in normal gravity condition (a) showed a well organized distribution of tubulin, while in cells exposed to SMG (simulated microgravity) microtubules are disorganized – 6h (b) and 24h (c). Scale bar: 10 μ m. All images were obtained with the same magnification.

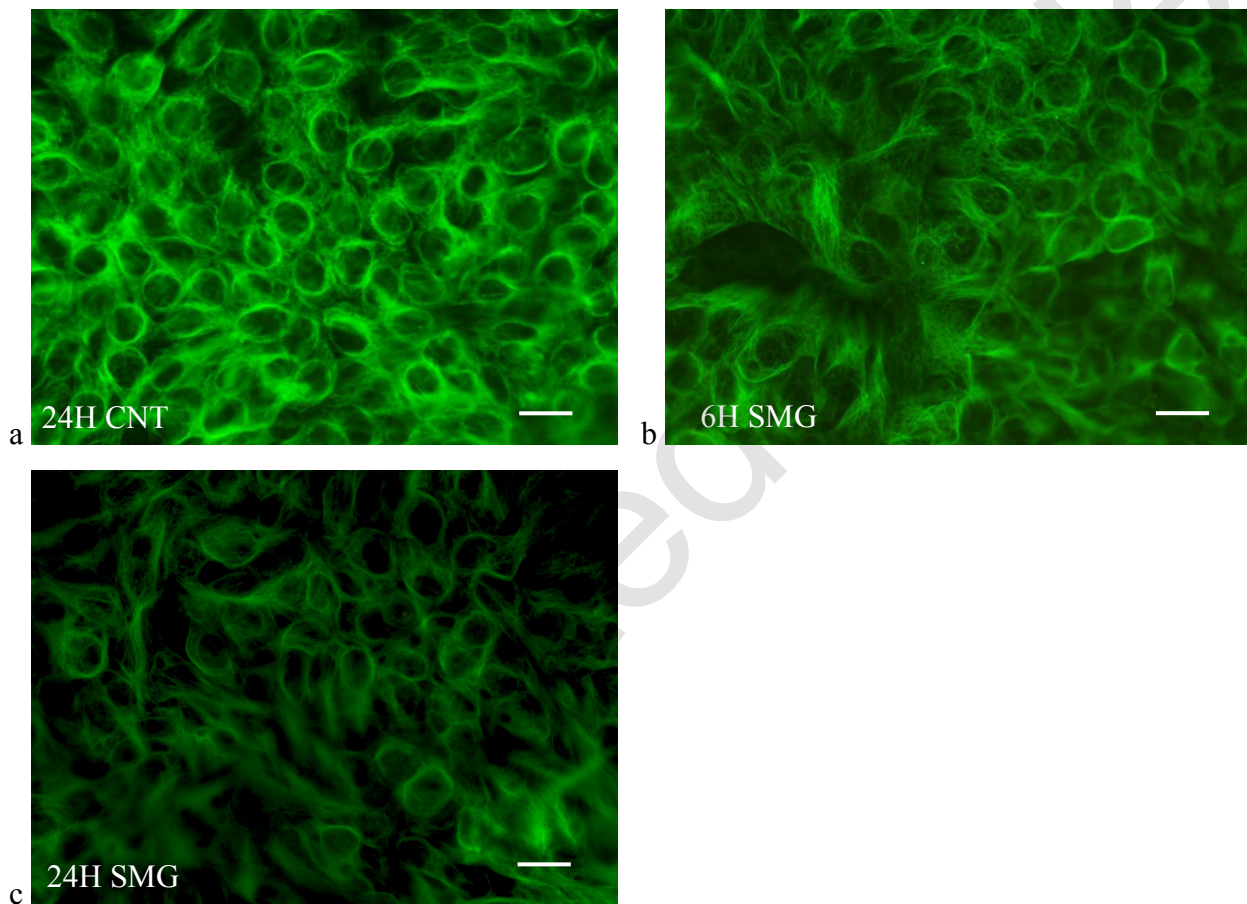
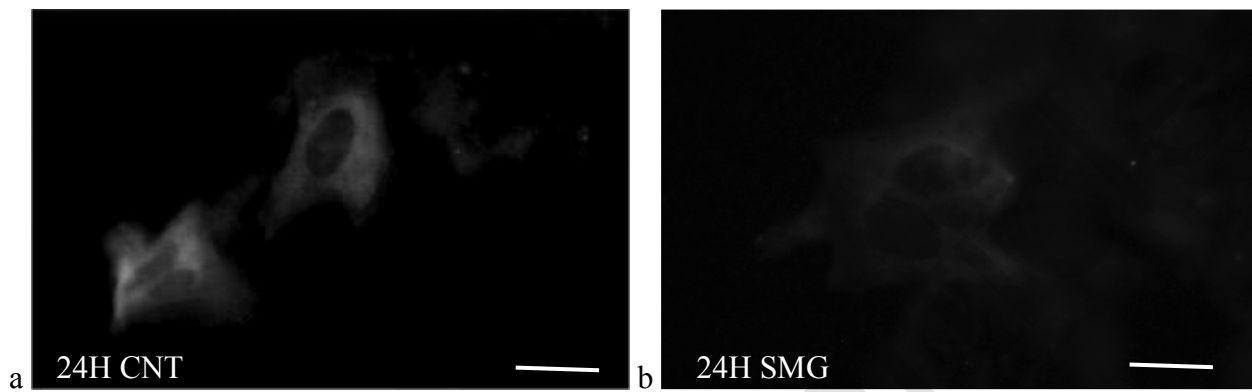


Fig 3. Immunofluorescence analysis for Sex Hormone Binding Globulin/Androgen-Binding Protein (SHBG/ABP).

Representative immunofluorescence staining for SHBG/ABP detected in the control cells (CNT) growth for 24h in normal gravity condition (a). In cells exposed for 24 h to simulated microgravity (SMG) the immunostaining is very weak (b). Scale bar: 10 μ m



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Fig 4. Analysis of cell viability and mitochondrial integrity.

Cells were incubated with the MitoCapture reagent to detect mitochondrial membrane integrity after microgravity treatment. The figures show representative images of cells with intact (punctate red fluorescence) or permeabilized (diffuse green fluorescence) mitochondria. Control cells (CNT) cultured for 24h in normal gravity condition (a); cells after 6h under SMG (b); cells after 24h under SMG (c). Integrated Density and correct total cell fluorescence (CTCF) related to red signal (healthy cells) graph (d). Differences among means were assessed using ANOVA test followed by Bonferroni ad hoc post test. $p \leq 0.05$ was considered statistically significant. Scale bar: 10 μm . All images were obtained with the same magnification.

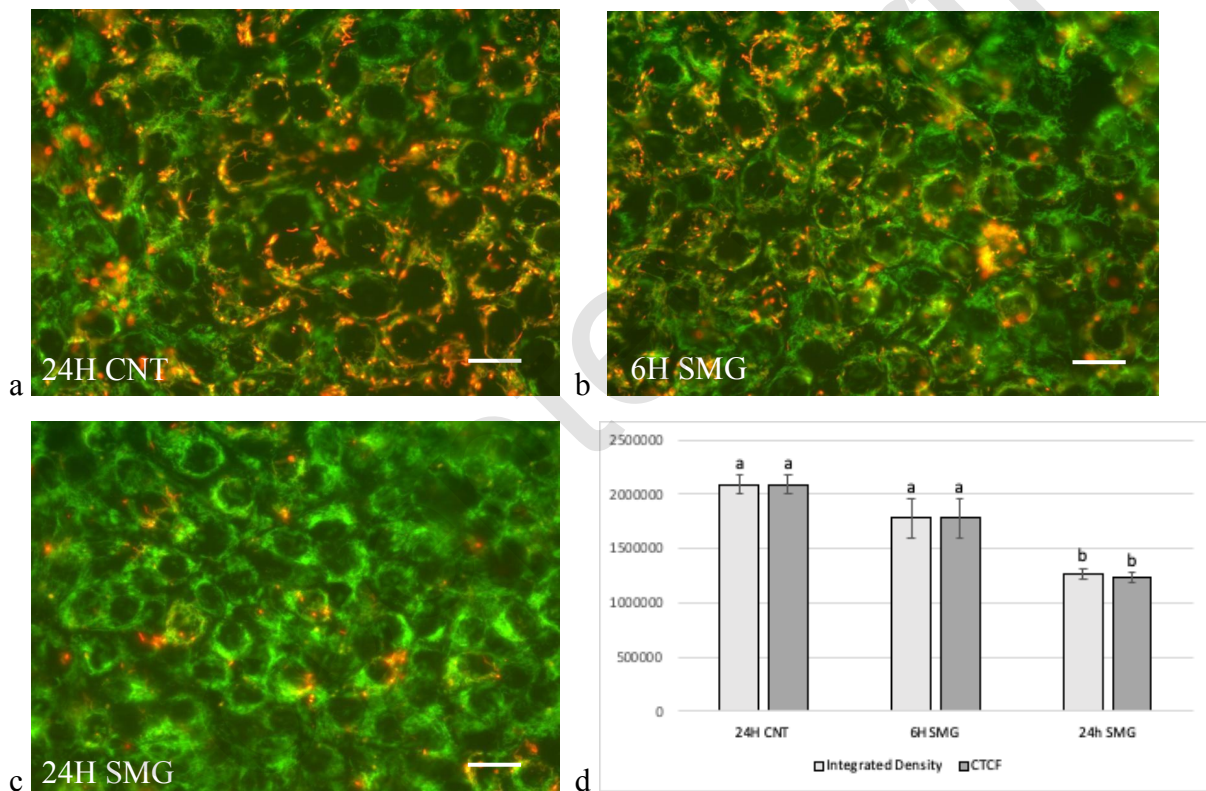


Fig 5. Effects of simulated microgravity on the expression of antioxidant enzymes, p53 and PARP-1 by testis primary cell culture. Relative expression of metallothioneins (MT-1 and MT-2), p53, PARP-1, glutathione transferase (GST), catalase (CAT) and superoxide dismutase (SOD) were quantified in testis cells after 24 h of simulated microgravity (SMG) by real-time RT-PCR. Values represent the fold induction as compared to the respective controls (CNT) after normalization for GA3PDH mRNA, used as reference gene. Data are expressed as means \pm SD of three independent experiments. Differences among means were assessed using ANOVA test followed by Bonferroni ad hoc post test. *** $p < 0.0001$, ** $p < 0.001$, * $p < 0.01$ as compared to the respective controls.

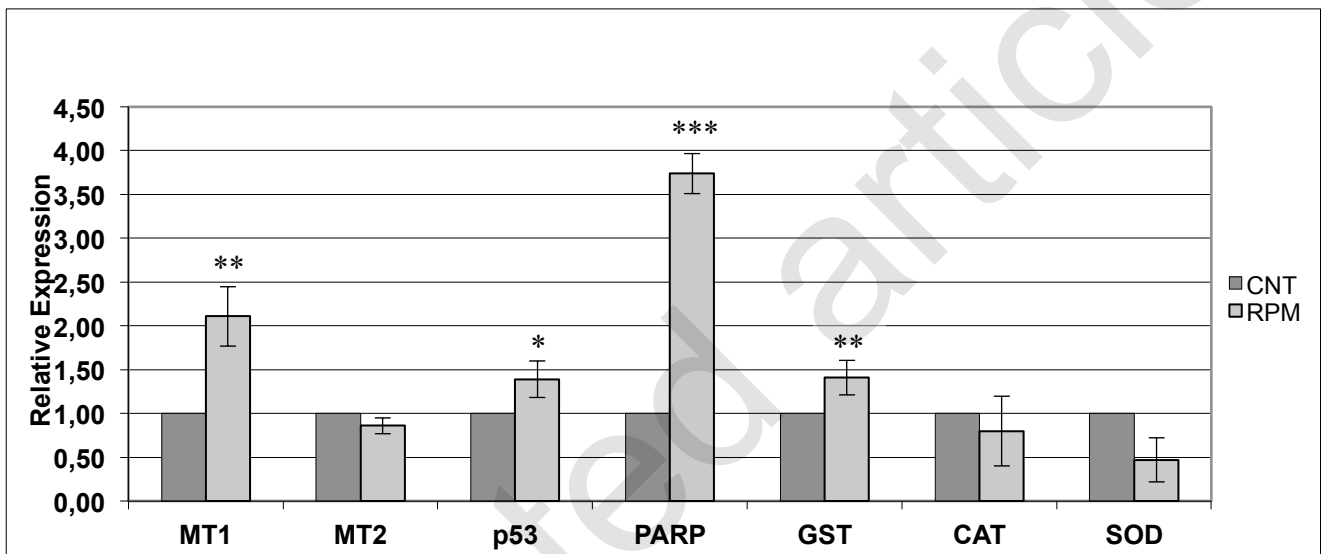


Table I. Name and accession numbers of the target genes are listed together with the primer sequences used for RT-PCR analysis in the study.

Gene name	Accession number	Forward primer (5'-3')	Reverse primer (3'-5')
MT-1	NM_013602	CTGCTCCACCGGCGG	GCCCTGGGCACATTTGG
MT-2	NM_008630	TCCTGTGCCACAGATGGA TC	GTCCGAAGCCTCTTTGCAGA
p53	NM_030989	GGCTCCTCCCCAACATCTT ATC	TACCACCACGCTGTGCCGAAA A
PARP-1	NM_013063	TGCAGTCACCCATGTTCG ATGG	AGAGGAGGCTAAAGCCTTG
GST	NM_013541	GTGCCCGGCCCAAGAT	TTGATGGGACGGTTCACATG
CAT	NM_009804	CCTGAGAGAGTGGTACAT GC	CACTGCAAACCCACGAGGG
Mn-SOD	NM_013671	GGCTCCCGGCACAACACA GCC	CCTCGTGGTACTTCTCCTCGG TG
GAPDH	NM_008084	GACCCCTTCATTGACCTCA AC	CGCTCCTGGAAGATGGTGATG GG

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